



Welcome to the March 2022 issue of the LeadingAge California **iNSPIRE** Project's monthly newsletter! Every month, we will share important project updates, best practices, and success stories and pictures. Get ready to be inspired!

The **I**ntegrate **f**u**N**, **S**ustainable, **P**rogramming that is **I**nnovative, **R**ewarding and **E**nriches (**iNSPIRE**) Project provides skilled nursing communities with no-cost iN2L engagement technology, which offers thousands of computer-based experiences aimed at improving quality of life, reducing psychotropic drug use, providing stress relief, and much more.

For more information, visit the iNSPIRE Project [website](#). Funded through a CMP grant awarded by CDPH and CMS Region IX.

Quarterly Reporting Due Date Coming Up

The quarterly reporting due date of **Friday, March 18** is fast approaching. If you have not already, make sure to send your facility-level CASPER report and complete your resident Quality of Life (QOL) and Activity Participation surveys before the upcoming due date.

As a reminder, the iNSPIRE project targets your community's census each quarter and evaluates the impact that using iN2L's interactive person-centered technology has on resident quality of life, activity participation, and antipsychotic medication usage. This evaluation supports two outcome goals:

- Reduce antipsychotic use by twenty percent (20%)
- Increase participation in person-centered activities by twenty percent (20%)

The timely submission of your facility-level CASPER report and resident Quality of Life and Activity Participation surveys is essential. Your data allows the iNSPIRE Project to

establish baselines, evaluate trends each quarter, and make decisions on how best to support all 60 participating communities as the project moves forward. Cumulative data is also shared with CDPH and ultimately goes to the CMS Region IX office for final review.

If you have questions about the quarterly reporting, please [email](#) Grant Manager, Amanda Davidson or call (916) 469-3385.

Encouraging Resident Independence With iN2L

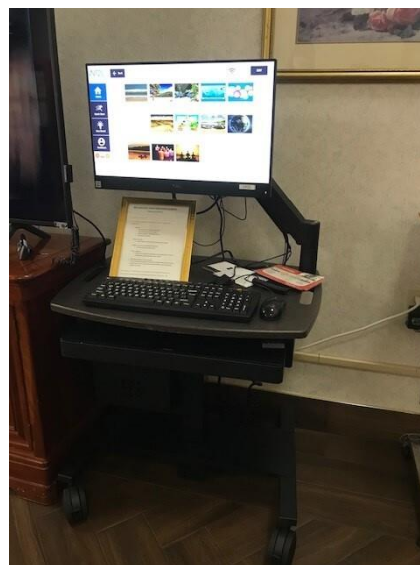
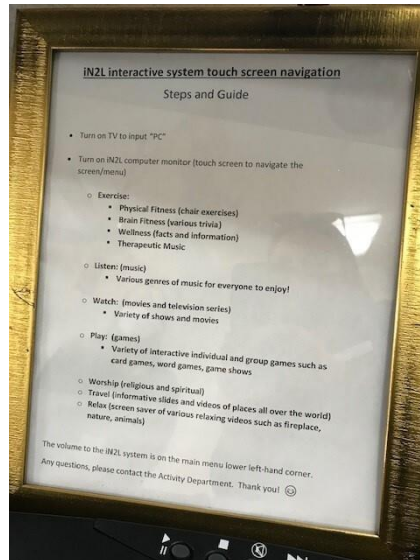
At Regents Point - Windcrest, located in Irvine, staff members honor the independence and abilities of their residents.

Activity Coordinator, Angie Iban, came up with a creative way to make it easy for residents to use the 23" Group Engagement system on their own, outside of scheduled activities.

Angie typed out a step-by-step guide that provides detailed instructions to turn on the system and a brief description of each iN2L content button.

The guide sits on top of the 23" Group Engagement system cart in a picture frame.

We love the creativity of this idea and how it makes iN2L available and accessible to all. Great job, Angie and Regents Point - Windcrest!



Coming Soon

Don't forget to add these important dates to your calendar!

iNSPIRE Project Best Practices Meeting: Exploring the Therapy Button

Wednesday, March 30

2:00 PM - 2:30 PM

Register [here!](#)

Invite your rehabilitation team to this month's meeting as iN2L's Therapy Success Manager, Kristin Hoffman, provides an overview of the content and resources found within iN2L's Therapy Button.

Kristin Hoffman is a licensed Speech-Language Pathologist and a Certified Dementia Practitioner with a specialization in adult and geriatric neurological disorders, dementia, and dysphagia. She has been working with iN2L as the Therapy Success Manager for over 5 years.

2022 Quarterly Reporting Due Dates:

CASPER Report, Quality of Life (QOL), and Activity Participation Surveys

March 18, 2022

June 17, 2022

September 16, 2022

December 16, 2022

Go to the iNSPIRE Project [website](#) to download and print the Quarterly Reporting Due Dates form and add it to your program binder or an office bulletin board.

The iNSPIRE Project supports a study including up to 30 residents in our 60 participating skilled nursing communities and includes an evaluation to determine changes over time. Your facility-level CASPER report, Quality of Life (QOL), and Activity Participation surveys are important evaluation tools and your timely submission of these are greatly appreciated every quarter.

[LeadingAge California](#) represents California's broadest spectrum of providers of housing, care and services, serving hundreds of thousands of older adults. It launched the [Age On. Rage On.](#) campaign to spotlight the urgent need to develop a Master Plan for Aging in California. [Click here to read the latest news by LeadingAge California.](#)

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Amanda Davidson | LeadingAge CA
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